# GUIDANCE ON HOME ISOLATION OR QUARANTINE AND RETURNING TO WORK AFTER COVID-19 EXPOSURE*

## I HAVE COVID-19 AND DON'T WORK IN HEALTH CARE

Stay home for at least 7 days after symptoms start AND you are fever free for 72 hours

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I may return to work

## I HAVE COVID-19 AND I WORK AS A HEALTHCARE PROVIDER

Stay home for at least 7 days after symptoms start AND you are fever free for 72 hours with respiratory improvement

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I may return to work, but I MUST:

- Wear a facemask at all times
- Avoid transplant and hematology patients for 14 days
- Adhere to infection control guidance
- Self monitor for worsening symptoms

## SOMEONE IN MY HOUSEHOLD HAS COVID-19

Self-isolate at home

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Do I get sick?

**Yes** → Follow the "I have COVID-19" chart

**No** → I must self isolate for 14 days AFTER person in household is released from isolation → I may return to work

## SOMEONE I WORK WITH, AND CAME INTO CLOSE CONTACT WITH (WITHIN 6 FEET FOR SEVERAL MINUTES) HAS COVID-19

Self-isolate at home for 14 days

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Do I get sick?

**Yes** → Follow the "I have COVID-19" chart

**No** → I may return to work

*After following the DOH quarantine guidelines, check with your employer before returning to work.*

**INFORMATION + UPDATES:**
**HEALTH.PA.GOV**